
**HYGIENE CHAMPIONS PROJECT
REPORT**

2021



JANUARY 2021

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HYGIENE CHAMPIONS PROJECT

**A SCHOOL WASH (WATER, SANITATION AND HYGEINE) CAMPAIGN AT St. PATRICK
CATHOLIC SCHOOL URUA INYANG, IKA L.G.A, AKWA-IBOM STATE, NIGERIA**

PROGRAM THEME: GOOD HYGIENE, BETTER HEALTH

PROGRAM ORGANIZER: MISS EDEM, IDARA MALACHI

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1.0 BRIEF OVERVIEW

Over the years the transmission of infections and diseases have been one of the major issues plaguing the public health sector especially in Nigeria. A large percentage of these infections are prevented through the improvement of hygiene practices as hygiene have been proved to be an important measure for the prevention and control of transmissions of diseases and infections.

Today in Nigeria, students suffer from lack of or irrelevant health and hygiene education for students. This facilitates the progression of negative health impacts, spread of diseases, intestinal parasites and also diarrhoea which is responsible for the loss of lives as well as hundreds of school days.

This project idea is a public health approach to reduce mortality by improving correct behavioural practices and education through the enlightenment of students. Schools presents an opportunity to reach thousands of young people with WASH messages which will in the long run impact the local communities and create positive impact on health.

2.0 RATIONALE FOR THE PROGRAM

According to United Nations, 829,000 deaths reported annually are directly related to inadequate and insufficient hygiene and sanitation activities. 50% of children's malnutrition is related to poor WASH conditions, while 26% of neonatal deaths and 11% of maternal deaths are mainly caused by infections. Among under five children, more than 297,000 deaths are related to diarrheal diseases annually, which often stem from poor WASH conditions. The Nigerian public health sector is still threatened by WASH practices as a large percent of its population still has inadequate awareness, understanding and attitude to WASH practices. Inadequacies experienced in regards to WASH has led to wide spread transmission of infectious diseases globally.

3.0 AIM AND OBJECTIVES

The broad aim of the program was to create awareness and sensitize pupils and teachers on essential hygiene practices to reduce mortality among children.

The objectives of the program were to:

- Educate school leaders, teachers and pupils about the importance of good hygiene which can encourage behavioural change.
- Practically educate school leaders, teachers and pupils on correct body, hand and environmental hygiene practices.
- Foster and support a culture of hand-washing with soap among youths.
- Take action and proactive measures on hand hygiene by creating strategic wash stations in the school.

4.0 TARGET POPULATION

The target audience for this project were primary 5 pupils and teachers of St. Patrick Catholic School, Urua Inyang, Ika LGA, Akwa-Ibom State, Nigeria. It is hoped that a school campaign will initiate a process that will enable the transfer of information and behavioural change from schools to households to communities and society at large as students can pass information to siblings, family and friends.

5.0 KEY RESOURCES

➤ PARTNERS

- Teachers
- pupils
- School management of St. Patrick Catholic School
- Volunteers
- Interested NGOs

➤ MATERIALS

- Stationaries and writing materials
- Banner
- Stickers
- Projector, generator, and public address system (PAS)
- Wirings and connections
- Banner
- Survey materials
- Gift prizes

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- Soaps, hand sanitizers and towels.
 - Wash station

6.0 IMPLEMENTATION STRATEGY

Approach Adopted for the Program

The following strategies were employed to achieve the objectives of the program:

i. Community Entry

A proper community entry was done by meeting with The Head Mistress of the St. Patrick Catholic School, Mrs Grace Udofia to inform the school about the program and seek their consent to educate their pupils on hygiene.

ii. Partnership

Partnership was formed between Ika Builders Forum (IBF), Thomas and Eno Nwoko Educational Foundation (TENEf USA) and WASH Advocacy Network (WAN – Personal project run by Miss Idara Edem) to carry out the program.

iii. Training

The campaign was held with the following activities:

- Speeches
- Training with teaching aids
- Hygiene fun session
- Setting up a school wash station

Training sessions were carried out to enlighten participants on proper hygiene practices. Major topics covered in the session were;

- Introduction to WASH and children's health,
- Hand washing, health and wellbeing
- Body hygiene
- Sanitation and waste management.

The pupils were engaged in hygiene fun activities which included giving colour themes to hygiene pictures and explaining the picture activities based on what have been taught in the training sessions.

iv. Palliative and Donations

Materials were donated to the school during the program as relief support. They included; snacks, hand wash station, hygiene materials and health communication materials.

7.0 FINANCIAL SUMMARY

ITEMS	Quantity	Unit Price(₦)	COST (₦)	Total (₦)
Demonstration materials:				
Liquid soap	1	780	780	
Serviettes	1	180	180	
Wash Stand	1	6,000	6,000	
Wash bowl	1	480	480	
Tap bucket	1	2,400	2,400	
Waste baskets	3	1,200	3,600	
Parkers	3	120	360	
Demonstration Materials Total				13,800
Refreshment:				
Soft drink	1 pack	1,500	1,500	
Nutri milk children drink	2 packs	1620	3,240	
Bottled water	3 pack	500	1,500	
Biscuits	2 cartons	1,440	2,880	
Can malt	1 carton	3,000	3,000	
Refreshment Total				12,120
Logistics:				
Banner	1	5,000	5,000	
Flip picture teaching aid		8,400	8,400	
Transportation of purchased tools		10,000	10,000	
Flier design	1	2,400	2,400	
Printing and photocopying		4,080	4,080	
Photography and video coverage		20,000	20,000	
Hygiene Posters	3	1,200	1,200	
Transportation of facilitators to IKA	4 facilitators	5,000	20,000	
Logistics Total				71,080
TOTAL				₦97,000

8.0 DONORS

NAMES	AMOUNT ₦
Ika Builders Forum (IBF)	50,000
TENEF USA	38,000
Mrs. Maria M. Edem	4,000
Miss Idara M. Edem (WASH Advocacy Network)	5,000
TOTAL	97,000

9.0 VOLUNTEERS

S/N	NAMES
1.	Mr. Ifiok M. Edem
2.	Miss Mary M. Edem
3.	Mrs. Christiana Joseph
4.	Mr. Augustine Ekpe
5.	Mr. Joseph Ekpe

10.0 CHALLENGES AND MITIGATION

- Language barrier: This was resolved by using facilitators and volunteers familiar with the dominant language spoken in the community.
- Sustainability: Sustaining hygiene culture at school will involve the cooperation of the school management to ensure provision of facilities like water and wash stations within the school. This was facilitated by donation of a hand-wash station, liquid soap and serviette, waste bins, and hygiene posters.
- Permission to carry out the program: Proper community and school entry was done by approaching appropriate authorities affiliated with the school in order to allow easy access to the school.

11.0 IMPACT

This project was able to achieve the following impacts in the long run:

- Raise hygiene champions who can educate others about proper hygiene.
- Reduce death among youths arising from infections and diseases.
- Reduce the spread of infections and disease.



A cross section of participants during training.



Facilitator teaching participants using picture aids.



Facilitator training participants on body hygiene.



Facilitator training participants on proper hand-washing techniques.



Student demonstration section.



Hygiene fun activities with students.



Donation of hygiene materials to the school.



Vote of thanks from primary 5 class teacher.



Group photograph of students, facilitators and teachers.



Group photograph of facilitators and school teachers.



Group photograph of facilitators and volunteers.

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